

Angelo Hilios

Soccer Coach – 1978-1993



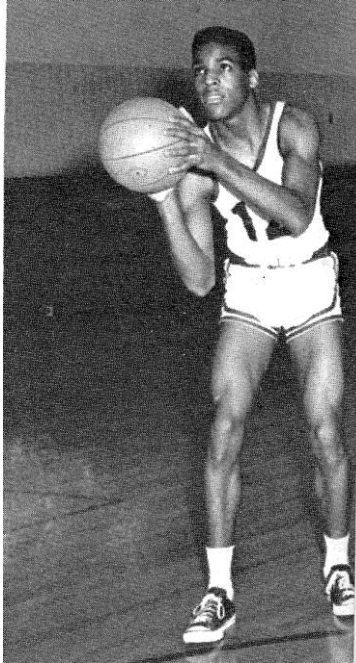
After pacing the Woodbridge sidelines coaching boy's soccer for fifteen seasons, Angelo Hilios stepped down in 1993 as the all-time leader in boy's soccer victories for not only Woodbridge, but the entire Commonwealth of Virginia amassing 199 wins. Eighteen years later, he still ranks 5th all-time in boy's soccer victories in Virginia. Along the way he racked up many accomplishments and accolades including winning twelve district championships and eleven regional championships during that 15-year stretch while winning 80 % of his games.

In addition to the combined 23 district and regional championships, Hilios led Woodbridge to eleven boys state soccer appearances including seven semi-finals and six finals appearances. The six state finals that Hilios coached are still the most state final appearances by any AAA school in Virginia boy's soccer history. In those state finals Woodbridge won one, (1984), and lost five (85, 88, 89, 91, 92), but four of the five losses were by single goals (85, 89, 91, and 92). In addition to coaching boy's soccer, Angelo coached boy's tennis for two seasons (79, 80) and girl's tennis one season (1979) as both the boys and the girls won district championships in 1979.

Personal accolades for Hilios during his coaching career include twelve times district soccer Coach of the Year awards and two time district tennis awards. In addition, Hilios was selected for several regional Coach of the Year awards including many media Coach of the Year honors including twice named as *The Washington Post* All-Met Boys Soccer Coach of the Year. Angelo was also named as a National Soccer Coach of the Year finalist.

Henry Jackson

Basketball – 1965-1969



Although a three-sport athlete at Woodbridge, it was basketball which the 6' 2" Henry Jackson dominated. Henry played both forward and guard for the Vikings, but whatever the position he always found a way to score points. During his junior season at Woodbridge he led the team in scoring and was one of the leading scorers in the Monument District as he earned first team All-Monument District recognition.

As a senior Jackson led Woodbridge to the district finals against Gar-Field. At season's end Jackson had established himself as one of the all-time great basketball players to come out of this area. The senior capped a brilliant high school career by establishing a Monument District individual single scoring record with 523 points in 21 games for 24.9 average for the season. He also topped the career Monument District scoring record with a career 954 points over 3 years and 59 games which was held by Gar-Field's Al Peters 929 points. After his senior season, Jackson became a repeat First Team All-Monument District selection. Jackson was also one of the leading scorers in the region and state while receiving an All-American nomination.

After high school, Jackson went on to become a standout guard at Stonehill College in Easton, Massachusetts. In 1995 Stonehill College recognized Henry's significance to their team by inducting the 1973 Stonehill graduate into their Athletic Hall of Fame.

Rosemary Keim

Gymnastics – 1968-1972



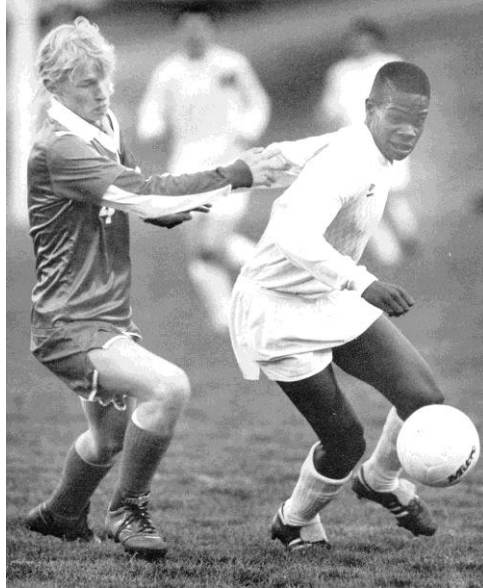
Rosemary Keim was a pleasant surprise for the Woodbridge Gymnastics team while she was a freshman during the 1968-69 season. Her progress during the season improved to the point where during the 24 team regional meet Rosemary earned a first place finish in beginning vaulting. Over the next three years, Rosemary along with Lulu Dawson helped Woodbridge become a leading power in gymnastics in the region.

While a sophomore and junior, Rosemary improved and became more of a dominating force in advanced vaulting, advanced tumbling, and advanced floor exercise. By the time Rosemary was a junior she was often taking first place in vault and usually challenged for first or second place finishes in tumbling and floor exercise. By the end of her junior season, Rosemary's regional performance in vaulting qualified her for the state tournament. At the Virginia State Gymnastics tournament Rosemary excelled. She topped all athletes in the vault at the state meet earning a 7.55 score to win the state championship in that event. In winning the state championship she remains the only Woodbridge gymnast to ever win a state championship. Although she did not repeat as the state vaulting championship her senior year, she developed into a stronger all-around gymnast, especially on the balance beam.

Rosemary's gymnastic skills allowed her to become one of Woodbridge's top cheerleaders for the Vikings. After graduating from Woodbridge, her combination of gymnastics and cheerleading skills eventually landed her a position on the University of Tennessee cheerleading squad where she participated four years in Knoxville.

Stephen Masten

Soccer/Indoor Track – 1988-1992



Whether on a soccer field or racing down a track lane, one thing that remained the same with Stephen Masten was his speed and he was fast. In 1991 he won the state indoor track 500 meter championship with a time of 1:05.80, a time which still ranks as the all-time record at Woodbridge. In the spring Masten used that speed on the soccer field where helped Woodbridge to three state soccer final appearances (89, 91, 92) in his four high school years.

Stephen was one of the rare freshmen at Woodbridge to make it on the varsity in 1989. Before long he became a steady player starting most of his high school career. It turned out to be one of the greatest four-year eras in Woodbridge boy's soccer history as all four years that Stephen played; Woodbridge won both the district and regional championship while qualifying for the state tournament. In 1991, during Stephen's junior year, Woodbridge advanced to the state championship game before losing a closely contested game to Kempsville by one goal, 2-1.

During his senior year, Stephen led Woodbridge to another outstanding year. That season Masten led the region with 20 assist while scoring 72 points (26 goals) for 3rd in the region. Again he led Woodbridge to the state finals losing a close 3-2 game to Kempsville in his final game as a Viking. Coach Angelo Hilius later commented that Stephen was one of the top soccer players he ever coached. Stephen went to George Washington University on a soccer scholarship and continued his stellar soccer career. He was named the Atlantic 10 Soccer Rookie of the Year in 1992 and was twice named to the Atlantic 10 Conference First Team (1992 and 1994).

Kelly Melton

Soccer/Basketball – 1996-2000



When Woodbridge girls soccer coach Mike Yeatts described Kelly Melton, he was impressed “that she was talented, but she also had the right mix of maturity and selflessness to lead the team” and lead the team she did as her senior year she helped lead Woodbridge to an undefeated 21 win season claiming both the Virginia AAA soccer title and the number one ranking nationally by the National Soccer Coaches Association of America. With Melton as a co-captain in 2000, Woodbridge scored 99 goals and gave up only 9 the entire season. From her position, Melton led the explosive offense which forward Anny Weaver remarked, “Everything went through her.” Melton’s role as a midfielder was to deliver the ball, with accurate passes to frontline players Liana Wooten, Elizabeth Mumley, and Anny Weaver who between them scored 54 goals. Melton contributed another 12 goals for the season.

Melton was a key player over four years while helping Woodbridge to two state quarterfinals and one semi-final before winning it all in 2000. As a junior Melton earned *The Washington Post* All-Met Honorable Mention and was first-team all-district and all-region while second-team all-state. During her senior campaign Melton earned every top award in the state as she was the Cardinal District, Northwest Region, and Virginia State Player of the Year. She also was named as the *Potomac News* and *Prince William Extra* Player of the Year and was named to *The Washington Post* All-Met First Team. Melton was also a standout field hockey and basketball player for the Vikings. After high school she played collegiate soccer at University of Virginia where she played six games as a freshman, scoring her first collegiate point in a shutout of North Carolina State.

Jim Pierce

Crew – 1981-1984



As a freshman, Jim Pierce helped provide leadership and athleticism as the Woodbridge Crew program began in 1981. By the time he was a junior, Jim helped the Woodbridge Crew program register a few first in their programs' history. Jim helped the Boys Lightweight Four row to a 1st Place finish at the Virginia Rowing Championships, and later this boat rowed to a 7th place finish at both Stotesbury and Nationals facing national competition in each of those regattas. On April 6, 1984 Woodbridge Crew boy's varsity eight earned their first ever 1st place medal for a varsity eight in a regatta at the T.C. Williams Invitational. This boat left a winning legacy for Woodbridge in the program's fourth season. Later that season, Jim helped this crew row to a sixth-place finish at the National Regatta, the highest ever varsity boys varsity finish at Nationals.

As a result of his strong academics, Jim was the 1984 valedictorian; he accepted entrance to the Massachusetts Institute of Technology (MIT) and quickly became a fixture on their rowing team. As one of the best rowers on any boat at MIT, Pierce was the leader on the lightweight eight that competed for national recognition while Jim was a junior and senior. As a senior, Jim earned the role of team captain for the lightweight boats.

After graduating from MIT, Jim was selected to the US Rowing Team in 1989 and remained on the lightweight boat for the U.S. Rowing team for the next five years (1989-1993). As an oarsman for the U.S. National Team, Jim helped the U.S. Rowing Team to top-ten performances at the World Championships in each of those seasons. During the 1992 Olympic year, Jim was an oarsman on the U.S. Rowing Team, but the Olympic Committee did not allow a lightweight category at that international competition making it the last Olympics not to allow lightweight boats to compete. In the 1996 Olympics lightweight boats were allowed to compete. If Lightweight boats would have been allowed in 1992, Jim Pierce most likely would have been the first Woodbridge athlete to compete in an Olympics.

George Washington Jr.

Coach/Contributor – 1995-2011



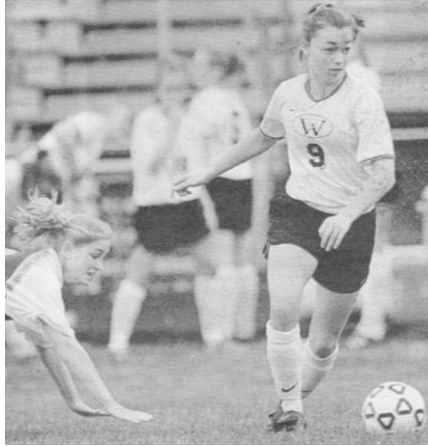
For fifteen years Coach George Washington has been a mainstay on the Viking sidelines and behind the scenes always contributing toward Woodbridge athletic success. Washington came to Woodbridge after coaching the PWSI under 14 girls soccer to the State Championship in 1994. The following year he began assisting the Woodbridge Boys Soccer program, aiding Coach Bill Lanza who led Woodbridge to the 1996 boy's state soccer championship. Coach Washington also helped out as JV boy's basketball and girl's basketball coach for three years before taking over as head girl's basketball coach for the 1998-99 season.

For the next thirteen seasons, Washington led the girls program compiling 206 wins with only 121 losses. Highlights of those thirteen seasons include three State Tournament appearances (1999, 2002, and 2003) and two Northwest Regional titles (2002 and 2003). During the five seasons between 1998 and 2003 the Woodbridge Girls Basketball team averaged over 20 wins a season. During the 1998-99 season, the team was undefeated in districts and advanced to the state semi-finals compiling a 25-4 record. The following year, Woodbridge won the Cardinal District while suffering only one district loss before completing the season with 18 wins. In 2002 Woodbridge won both district and regional titles finally making it all the way to the state semifinals finishing with a 23-5 record. In 2003 Woodbridge again won the Northwest Regional title before completing their season in the state quarterfinals finishing with a 23-7 record.

Over the years Washington sent over 25 players on to play collegiate basketball. Along the way George was selected as a 4-time district coach of the year and 2-time regional coach of the year. In addition to his coaching success Washington's generosity of supporting other Woodbridge sports programs by aiding teams, coaches, and athletes may be his greatest legacy to Woodbridge athletics.

Jen Woodie

Soccer/Basketball – 1998-2002



Jen Woodie was one of Woodbridge's all-time great athletes where she especially excelled on the soccer field as a defender. Woodie helped Woodbridge in winning the district and regional championships in 1999, 2000, and 2002 while leading Woodbridge to the Northwest Regional semi-finals in 2001. As a freshman Woodie led Woodbridge to the state semi-finals and as a sophomore and senior the finals. During her sophomore campaign she helped lead Woodbridge to an undefeated season, state championship, and a national number one ranking by the National Soccer Coaches Association of America.

Along the way, Woodie collected All-Cardinal District, All-Region, and was a Virginia Group AAA All-state first team honoree each of her final three years at Woodbridge High School. She was chosen second team All-Met as a junior by *The Washington Post* and was chosen first team All-Met and the All-Area Player of the Year her senior year. All of this while also starring at basketball for the Woodbridge Vikings. She also helped her Prince William Sparklers Club soccer team to seven state championships and the 2000 NSCAA Division I National Championship.

After leaving Woodbridge, Woodie became a four year starter for the VCU Rams. As a senior, she was an All-CAA first team selection, named the VCU/Eurosport Invitational MVP, and selected to the Oregon State/Nike Invitational All-Tournament Team and NSCAA All-Mid Atlantic Third Team after anchoring the VCU defense. She also earned CAA All-Tournament honors her junior year. She helped the Rams earn their first CAA Tournament Championship and two trips to the NCAA Tournament her junior and senior year. In 2006, after her senior season, Woodie was invited to the U21 National Pool Camp in Carson, CA. She currently is an Assistant Coach with the University of Richmond Women's Soccer team and recently became the inaugural head coach of the Fredericksburg Impact, the new W-League soccer team.

Mike Yeatts

Soccer Coach – 1996-2002



Mike Yeatts spent 7 years, coaching the Woodbridge girl's varsity soccer team accumulating a 129-13-5 record over those seven years. Overall, Coach Yeatts girl's soccer teams won over 87% of their games, during his tenure, one of the greatest victory stretches in Woodbridge sports history. Over that time, Yeatt's girls soccer teams won six district championships, (1996, 97, 98, 99, 2000, 02) and five regional championships, (1997, 98, 99, 2000, 02) while qualifying for five state tournaments (1997, 98, 99, 2000, 02). In those state tournaments his teams played in three state final fours and two state championship games (2000 and 2002) winning the state championship in 2000.

In 2000, Yeatts coached arguably the greatest team in Woodbridge sports history as it remains the only team in Woodbridge Sports annuls, with the exception of Cross Country, that competed the entire year undefeated and captured the state championship. The greatness of this team was recognized nationally as after that season the National Soccer Coaches Association of America awarded Woodbridge the number one ranking among all teams in the United States. One standout from that 2000 team, Liana Wooten, has already been inducted into the WSHS Athletic Hall of Fame and two more, Kelly Melton and Jen Woodie, are being inducted today.

Along with the team success came coaching honors for Mike. In addition to winning various district and regional coach of the year awards, he was voted as a two-time VHSLA State Coach of the Year in 1998 and 1999 voted upon by the state coaches association and was selected in 2000 as the NSCAA Coach of the Year.